

Bowel Surgery Home Prep Orders

- Take only clear liquids starting 36 hours before planned surgery.

Clear Liquids Diet List - *Do NOT drink or eat anything colored red or purple

- Soft drinks (orange, ginger ale, cola, Sprite, 7-up, etc.), Gatorade, Kool-Aid
 - Strained fruit juices without pulp (apple, white grape, orange, lemonade, etc)
 - Water, tea or coffee – NO milk or non-dairy creamers. Sweeteners are ok.
 - Low sodium chicken or beef bouillon/broth
 - Hard candies
 - Jell-O (lemon, lime or orange) – NO fruit or toppings
 - Popsicles – NO sherbets or fruit bars
- Complete the entire Colyte bowel prep two evenings before admission. If unable to complete prep, notify physician on call. After hours, please call 770-535-3553.
 - Take Erythromycin and Neomycin each at 1 pm, 2 pm and 10 pm the day before the surgery.
 - Nothing by mouth after midnight prior to surgery.
 - If bowels are not crystal clear by the end of the prep, take additional laxatives or notify the physician.
 - Other instructions as provided by the doctor in your specific case.